Lake Shore Sr. High School

Physical Education

**Research Assignment**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teacher:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Day:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Directions:**

• Answer all questions regarding the activity ***of the current unit*** of **\_\_\_\_\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

• Include the internet address and names of each web site you use.

**Activity:**

1. What are five fundamental rules of the activity? Rules that will help someone know how to play the game and would be taught in class. List and explain each rule.

2. History of the sport and background. Write a minimum of 12 sentences explain in detail.

3. Explain the impact on society this activity/sport has had. Write a minimum of 12 sentences explain in detail.

4. What are some major events, leagues, and contests that this sport is part of? Explain in detail.

5. What are some common injuries caused by playing this sport? How can you avoid these injuries?

6. List three different job opportunities related to the sport. For each list and explain the advantages and disadvantages. Explain educational requirements or training needed for each.

7. Write a summary of a current event that is happening or has happened within the last six months within the activity you selected. Minimum of 12 sentences.

* This can be an international/national/state or local event. Examples: Steroids use in baseball, a local team beating a rival team, etc.
* Make sure you include the web site(s) name and address where you found the information.

8. If you were going to explain to someone how to get involved in this activity, what would you tell them? **You must include**: equipment, prices, how to train for the activity, and where in the community the activity can be played. Minimum of 10 sentences.

9. Draw a picture of the equipment used in this activity and a diagram with dimensions of the area the sport is played (ex: field, court, ect).